

Ergonomic Principles

1 Who Should Attend . . .

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA).

2 MIOSHA Training Institute

MIOSHA Consultation Education and Training (CET) Division and Macomb Community College (MCC) have developed the MIOSHA Training Institute (MTI) through a formal alliance.

The MIOSHA Training Institute introduced a new certification program, effective October 1, 2007. This course is an MTI Level 1 course. The certification program offers participants an opportunity to be recognized for their educational efforts and increased technical expertise.

Courses will be offered throughout the state in sponsorship with other M-TECSM facilities, community colleges, and safety and health organizations. To learn more about the certification program, log-on to the CET Division website at www.michigan.gov/mti.

3 What You'll Learn . . .

This program gives direction to employers who want to establish an ergonomic program.

Using the NIOSH Ergonomic Primer as a guide, participants will be able to look for signs of cumulative trauma, develop in-house expertise, gather evidence of ergonomic problems, identify controls, and implement a proactive ergonomic program. Examples of potential problem jobs are discussed and corrective recommendations are reviewed. Focus is on the implementation of engineering controls, including material handling, hand tools, and workstations. Ergonomic risk analysis as a tool to identify the tasks and subtasks of a job will be discussed. Ergonomic awards offered by the MIOSHA program will be explained.

Agenda

*We offer a flexible
program agenda
to emphasize the
safety and health
topics you
want most.*

- ▶ Looking For Signs of Ergonomic Problems.
- ▶ Developing Ergonomic Solutions.
- ▶ Implementing an Ergonomic Management System.
- ▶ Review of NIOSH Primer.
- ▶ Ergonomic Job Safety Analysis.
- ▶ MIOSHA Ergonomic Awards.

Facilitator

Micshall Patrick is currently an Occupational Safety Consultant with the Consultation Education and Training Division of MIOSHA. She has been with the Division for more than 17 years and currently provides consultation and training services for Kalamazoo, Kent, and Barry counties. During Micshall's tenure with CET, she has developed various safety training programs within the agency, including recordkeeping and powered industrial truck train the trainer.

Before working for the State of Michigan, Micshall was a personnel specialist with Kalamazoo County performing personnel functions and administering the county's workers' compensation program. She also chaired the County Safety Committee, which developed accident prevention programs for county employees. Micshall is a graduate of Kalamazoo College with a Bachelor's degree in Political Science.

Presenters: Micshall Patrick, Occupational Safety Consultant , and
Gregg Grubb, Senior Industrial Hygienist; MIOSHA-CET Division



Micshall Patrick
*Occupational Safety Consultant,
MIOSHA, CET Division*

Program Details

DATE:	March 25, 2009	TIME:	Check-in - 8:30 a.m. Program - 9:00 a.m. to 4:00 p.m.
LOCATION:	The Employers' Association 5570 Executive Parkway S.E. Grand Rapids, Michigan 49512	DEADLINE:	Register by March 18, 2009 Please register early!
COST:	\$90 per person. Includes lunch and course materials.	CONTACT:	Janine Thomas - 616.698.1167 or jthomas@teagr.org

COSPONSOR: The Employers' Association

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

Ergonomic Principles

Complete information at right to register by . . .

► **Phone:** 616.698.1167

► **Fax:** 616.698.6624

► **Web:** www.teagr.org

(Select Educational Services - Click Seminars)

► **Mail:** The Employers' Association
5570 Executive Parkway SE
Grand Rapids, Michigan 49512
Attn: Janine Thomas

**Call Us Today to
Guarantee Your Seat!**

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Credit Card Holder's Name: _____
Signature: _____

The meeting site and parking is accessible. Individuals attending the meeting are requested to refrain from using heavily scented personal care products, in order to enhance accessibility for everyone. People with disabilities requiring additional services (such as materials in alternative format) in order to participate in the meeting should call 517.322.1809. The Department of Labor and Economic Growth is an equal opportunity employer/program.

www.michigan.gov/dleg